

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
<p>17:00-17:50 Studio 1 GYM Bauch Beine Po</p> <p>17:00-17:50 Studio 2 ZUMBA</p> <p>18:00-18:50 Studio 1 LES MILLS BODYPUMP</p> <p>18:00-18:45 Studio 3 TRX HIIT</p> <p>18:00-18:45 Studio 2 WORLD JUMPING</p> <p>19:00-19:45 Studio 1 LES MILLS BODYATTACK</p> <p>19:00-19:45 Studio 2 LES MILLS RPM</p> <p>19:50-21:00 Studio 3 Power Yoga Basic</p>	<p>17:25-18:25 Studio 1 LES MILLS BODYPUMP</p> <p>17:30-18:25 Studio 2 INDOOR CYCLING</p> <p>17:40-18:35 Badenstrasse GYM Outdoor Bootcamp</p> <p>18:15-19:00 Studio 3 Mobility by Physio</p> <p>18:35-19:35 Studio 1 LES MILLS BODYCOMBAT</p> <p>18:35-19:10 Studio 2 LES MILLS GRIT STRENGTH</p> <p>19:05-20:00 Studio 3 GYM Pilates</p> <p>19:20-20:20 Studio 2 LES MILLS BODYJAM</p> <p>19:45-20:35 Studio 1 LES MILLS CORE</p> <p>20:10-21:10 Studio 3 Power Yoga</p>	<p>17:30-18:15 Studio 1 LES MILLS BODYATTACK</p> <p>18:30-19:30 Studio 1 LES MILLS BODYPUMP</p> <p>18:30-19:30 Studio 2 LES MILLS BODYSTEP</p> <p>18:30-19:30 Studio 3 LES MILLS BODYBALANCE</p> <p>19:40-20:35 Studio 1 ZUMBA</p> <p>19:40-20:40 Studio 2 LES MILLS RPM</p>	<p>17:15-18:00 Studio 3 GYM Pilates</p> <p>17:25-18:10 Studio 2 WORLD JUMPING</p> <p>17:25-18:15 Studio 1 LES MILLS BODYCOMBAT</p> <p>18:25-19:00 Studio 2 LES MILLS GRIT ATHLETIC</p> <p>18:30-19:20 Studio 1 GYM Bauch Beine Po</p> <p>19:05-20:05 Studio 2 LES MILLS BODYJAM</p> <p>19:10-19:55 Studio 3 GYM Pilates Reformer</p> <p>19:30-20:20 Studio 1 LES MILLS BODYPUMP</p> <p>20:10-20:55 Studio 3 GYM Pilates Reformer</p>	<p>17:00-18:00 Studio 1 LES MILLS BODYPUMP</p> <p>17:30-18:25 Studio 2 INDOOR CYCLING</p> <p>18:00-19:30 Studio 3 Inside Flow Yoga</p> <p>18:10-19:10 Studio 1 LES MILLS BODYSTEP</p>	<p><b>Wöchentliche Weekend Specials!</b> More Weekend Fun findest du online unter <a href="https://gyym.ch/kurse">gyym.ch/kurse</a>  oder auf Instagram checken, welche Specials dieses Wochenende stattfinden!</p>	